

APPENDIX A
Marital Satisfaction Questionnaire for Older Persons

Please answer the following questions as carefully as possible. You may choose not to answer specific questions, but you are encouraged to answer as many as possible. Please indicate your current level of satisfaction or dissatisfaction for each of the items listed below.

- The amount of time my spouse and I spend in shared recreational activities:
1 2 3 4 5 6
very dissatisfied dissatisfied somewhat dissatisfied somewhat satisfied satisfied very satisfied
- The degree to which my spouse and I share common interests:
1 2 3 4 5 6
very dissatisfied dissatisfied somewhat dissatisfied somewhat satisfied satisfied very satisfied
- The day-to-day support and encouragement provided by my spouse:
1 2 3 4 5 6
very dissatisfied dissatisfied somewhat dissatisfied somewhat satisfied satisfied very satisfied
- My spouse's physical health:
1 2 3 4 5 6
very dissatisfied dissatisfied somewhat dissatisfied somewhat satisfied satisfied very satisfied
- The degree to which my spouse motivates me:
1 2 3 4 5 6
very dissatisfied dissatisfied somewhat dissatisfied somewhat satisfied satisfied very satisfied
- My spouse's overall personality:
1 2 3 4 5 6
very dissatisfied dissatisfied somewhat dissatisfied somewhat satisfied satisfied very satisfied
- The amount of consideration shown by my spouse:

1	2	3	4	5	6
very dissatisfied	dissatisfied	somewhat dissatisfied	somewhat satisfied	satisfied	very satisfied

- The manner in which affection is expressed between my spouse and me:

1	2	3	4	5	6
very dissatisfied	dissatisfied	somewhat dissatisfied	somewhat satisfied	satisfied	very satisfied

- How my spouse reacts when I share feelings:

1	2	3	4	5	6
very dissatisfied	dissatisfied	somewhat dissatisfied	somewhat satisfied	satisfied	very satisfied

- The way disagreements are settled:

1	2	3	4	5	6
very dissatisfied	dissatisfied	somewhat dissatisfied	somewhat satisfied	satisfied	very satisfied

- The number of disagreements between my spouse and me:

1	2	3	4	5	6
very dissatisfied	dissatisfied	somewhat dissatisfied	somewhat satisfied	satisfied	very satisfied

- My spouse's philosophy of life:

1	2	3	4	5	6
very dissatisfied	dissatisfied	somewhat dissatisfied	somewhat satisfied	satisfied	very satisfied

- My spouse's values:

1	2	3	4	5	6
very dissatisfied	dissatisfied	somewhat dissatisfied	somewhat satisfied	satisfied	very satisfied

- My spouse's emotional health:

1	2	3	4	5	6
very dissatisfied	dissatisfied	somewhat dissatisfied	somewhat satisfied	satisfied	very satisfied

- The frequency of sexual or other physically intimate relations with my spouse:

1	2	3	4	5	6
very dissatisfied	dissatisfied	somewhat dissatisfied	somewhat satisfied	satisfied	very satisfied

- The quality of sexual or other physically intimate relations with my spouse:

1	2	3	4	5	6
very dissatisfied	dissatisfied	somewhat dissatisfied	somewhat satisfied	satisfied	very satisfied

- The frequency with which my spouse and I have pleasant conversations:

1	2	3	4	5	6
very dissatisfied	dissatisfied	somewhat dissatisfied	somewhat satisfied	satisfied	very satisfied

- My overall compatibility with my spouse:

1	2	3	4	5	6
very dissatisfied	dissatisfied	somewhat dissatisfied	somewhat satisfied	satisfied	very satisfied
- How decisions are made in my marriage:

1	2	3	4	5	6
very dissatisfied	dissatisfied	somewhat dissatisfied	somewhat satisfied	satisfied	very satisfied
- How well my spouse listens to me:

1	2	3	4	5	6
very dissatisfied	dissatisfied	somewhat dissatisfied	somewhat satisfied	satisfied	very satisfied
- Of all the attention you receive from your spouse, what percent is pleasant or positive?

1	2	3	4
0-25%	26—50%	51—75%	76—100%
- Overall, how satisfied are you with your marriage right now?

1	2	3	4	5	6
very dissatisfied	dissatisfied	somewhat dissatisfied	somewhat satisfied	satisfied	very satisfied
- In the past year, how often have you had significant problems in your marriage?

1	2	3	4
very often	often	seldom	never
- Compared to five years ago, how satisfied are you with your marriage?

0	1	2	3	4	5
not relevant	much less satisfied	less satisfied	equally satisfied	more satisfied	much more satisfied

References

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